# CHEC 12PM - 2PM Community Health Education Center (CHEC) 860 Harrison Ave. 2nd Floor Boston, MA 02118 Conflict is Inevitable & Communication is Essential • Explore your own and your clients' habitual reactions in conflict and to create healthier responses • Bring a personal or professional conflict scenario for hands-on prace Learn conflict transformation strategies from Alternatives to Violence Program (AVP) utilized in prisons, schools and communities

# Conflict Transformation

- ▼ Explore your own and your clients' habitual reactions in conflict and how
- ♥ Bring a personal or professional conflict scenario for hands-on practice
- Learn conflict transformation strategies from Alternatives to Violence Program (AVP) utilized in prisons, schools and communities
- Learn de-escalation techniques from the Non-Violent Peace Force

**Betsy L. Simmons, MPH** 





### THIS IS A FREE EVENT!

Please call 617-534-2432 and leave a message or RSVP to ltavares@bphc.org

Please call immediately if you need individual arrangements (i.e.: ASL interpreters). **Remember:** These forums are for networking; please don't forget to bring your business cards and flyers!

Parking is limited in the garage (driving directions on the back) Bring your ticket for FREE VALIDATION!

## DIRECTIONS TO CHEC BOSTON FREE PARKING WITH VALIDATION!

CHEC 860 Harrison Ave. 2<sup>nd</sup> Floor Boston, MA. 02118 Phone (617) 534-5181 www.bphc.org/chec

### **Public Transportation**

(The #1 CT1 bus can be boarded from the Massachusetts Ave. Orange Line Stop) or Dudley Station Take the #1 or CT1 bus to Boston Medical Center Stop. This stop will let you off at the corners of Massachusetts & Harrison Avenue. Walk down Harrison Avenue (away from Boston Medical Center)

860 Harrison Ave. is the first entrance on the left hand side of the street.

We are on the 2<sup>nd</sup> floor on the lower rise building.

**Note:** CHEC is located on the 2<sup>nd</sup> floor of 860 Harrison Avenue lower rise building (McCormack Towers) Take note of this when parking in the garage

### From North

Take Route 93 South which becomes the Fitzgerald Expressway. Take Exit #18 (Massachusetts/Roxbury exit) Merge onto Mass. Ave. Connector. Then follow local directions below.

### From the South

Take Route 93 North which turns into the Southeast Expressway. Take Exit #18 (Massachusetts Avenue/Roxbury exit) Stay straight to go onto New Frontage Rd/New Frontage Rd. Northbound. Take left onto MassAve. Connector. Then follow local directions below.

### From the West

Take the Mass Turnpike East to the last exit (Fitzgerald Expressway) Take Exit #18 (Massachusetts Avenue/Roxbury exit) Merge onto Mass. Ave. Connector. Then follow local directions below.

### **Local Directions**

You will come to a 4 – way intersection with traffic lights (McDonalds off the left) Take a right onto Massachusetts Avenue (Boston Medical Center will be ahead on your right) Get into the farthest left lane and at second light, take a left onto Harrison Avenue. Then take the first left onto Northampton Street.

CHEC is located in the lower rise building at 860 Harrison Ave. on your left. Take elevators to 2<sup>nd</sup> floor

### **Parking**

Parking is underneath the high rise building 35 Northampton St.

Parking on the 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> floor will allow you access to the stairs on the far right side of the garage (corner exit doors)

BRING YOUR TICKET FOR VALIDATION!

**<u>DO NOT PARK</u>** in CVS lot or you will be towed!