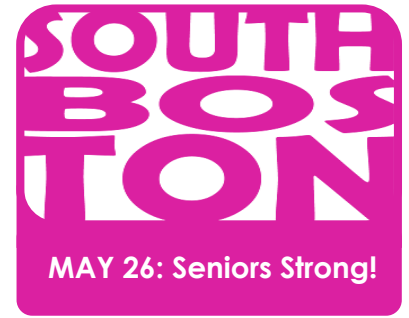


PASSPORT TO PUBLIC HEALTH



Grab your passport and get ready to learn about issues affecting our community. Join Boston Alliance for Community Health, Boston Public Health Commission and our community partners in a series of workshops across Boston neighborhoods. *This month we're in South Boston!*

JUN 23: "The Talk:"
Discussing Sexual Health
with your Teen

JUL 28: Behind a Username:
Online Safety Panel

AUG 25: Immigrant Rights
& the Presidential Election

SEP 22: Community
Development through Home
Ownership

OCT 27: Health of
Men of Color

JAN 28: Stop the Stigma:
Mental Health & Addiction

FEB 25: Survivors, Supporters
and Shelters:
Domestic Violence Panel

MAR 24: Race, Resilience &
Community Violence

APR 28: Oh the Places You'll
Go...While Using
Active Transit

Stop #5: Seniors Strong!

Thursday, May 26 **4 – 6 pm**, Labouré Center, 275 W Broadway, Boston, MA 02127

BACH and BPHC invite you to learn about senior mental and physical health from Gary Bailey, MSW, ACSW, and Healthy Community Champion, Norma Lawrence. Mr. Bailey will focus on psychological and psychiatric issues seniors face. Mrs. Lawrence will discuss how she built exercise into her life, and the importance of exercising the brain. A senior herself, she will also lead participants in chair yoga designed for seniors. **FREE EVENT. TRANSLATION, CHILDCARE AND DINNER PROVIDED. RAFFLE PRIZES. COMMUNITY RESOURCES.**

Please Direct RSVPs or Questions to
Olivia Larkin olarkin@hria.org, 617-279-2240 x 061

