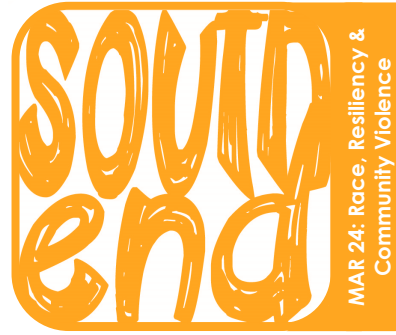


PASSPORT TO PUBLIC HEALTH

Grab your passport and get ready to learn about issues affecting our community. Join Boston Alliance for Community Health and our community partners in a series of workshops across Boston neighborhoods. Each stop at a session earns you a stamp and an opportunity to be featured on our website!



Stop #1: Stop the Stigma: Mental Health & Addiction

Thursday, January 28th, 6 – 8 pm, Charlestown Boys and Girls Club, 15 Green Street, Charlestown

Sarah Coughlin, LICSW and Director of the Charlestown Substance Abuse Coalition, will lead a discussion on the intersection between mental health and substance use disorders, adolescents vulnerability, and signs and symptoms to watch out for. We will also be joined by **Shannon Lundin**, Community Health Worker, who will share her personal story with long-term recovery and discuss best practices for generating open communication with adolescents about substance use. *Start 2016 off right—eliminate the stigma associated with mental health!* FREE EVENT. DINNER PROVIDED.

Boston Alliance for
Community Health

Contact Olivia Larkin to RSVP or with questions: olarkin@hria.org, 617-279-2240 ext 061
Visit www.BostonAlliance.org for further details.